

IEP Goal Planner (For Parents)

Child Information

- Child Name: _____
 - Age/Class: _____
 - School Name: _____
 - Date: _____
-

What is an IEP?

An **IEP (Individualized Education Plan)** is a **personal learning plan** made especially for your child.

It helps:

- Improve learning step-by-step
- Focus on child's strengths and needs
- Set **clear and achievable goals**
- Track progress over time

Think of it as a **custom roadmap for your child's success**

Step 1: Identify Current Level

Write what your child can do **right now**:

Academic Skills

- Reading: _____
- Writing: _____
- Math: _____

Communication Skills

- Speaking: _____
- Understanding: _____

Behaviours & Social Skills

- Attention: _____
- Interaction: _____

Step 2: Set SMART Goals (Very Important)

SMART means:

- **S** = Specific (clear goal)
 - **M** = Measurable (can track progress)
 - **A** = Achievable (not too difficult)
 - **R** = Relevant (important for child)
 - **T** = Time-bound (fixed time)
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✓ Example (Easy to Understand)

✗ Wrong Goal:
“Improve reading”

✓ Correct SMART Goal:
“Bunty will read 10 simple words correctly within 1 month with 80% accuracy”

Step 3: Write Your Child’s Goals

Goal 1

- **Goal:** _____
 - **How we will teach:** _____
 - **Support needed (teacher/parent):** _____
 - **Time period:** _____
-

Goal 2

- **Goal:** _____
 - **How we will teach:** _____
 - **Support needed:** _____
 - **Time period:** _____
-

Goal 3

- **Goal:** _____

- **How we will teach:** _____
 - **Support needed:** _____
 - **Time period:** _____
-

Step 4: Teaching Methods

Teachers/parents can use:

- ✓Repetition
 - ✓Visual aids (pictures, charts)
 - ✓Activity-based learning
 - ✓Small step teaching (one thing at a time)
 - ✓Daily practice (10–15 minutes)
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Step 5: Parent Support at Home

Parents should:

- Spend **10–15 minutes daily**
- Use **simple language**
- Appreciate small progress
- Avoid pressure or comparison

Example:

- Practice reading using storybooks
 - Count objects at home (math practice)
 - Encourage speaking in daily conversation
-

Step 6: Progress Tracking

Date Goal Progress Remarks

Step 7: Review (Every Month)

- What improved? _____

- What needs more work? _____
 - Change goal if needed ✓
-

♥ Important Message for Parents

- Every child learns at their own pace
- Progress may be slow but **consistent effort works**
- Focus on **improvement, not perfection**

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